

EDINBURGH CATERING SERVICES
FOOD IN SCHOOLS – PRIMARY October 2014- April 2015

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
H O T M E A L S	Homemade Soup Salmon Fish Finger with New Potatoes & Vegetables or Cheesy Pasta with Vegetables or Salad & Crusty Bread or Jacket Potato with a Choice of Fillings Fresh Fruit Selection	Chicken Meatballs in a Tomato Sauce with Pasta or Vege' Enchilada served with Cous Cous or Jacket Potato with a Choice of Fillings Jam & Coconut Sponge with Custard or Fresh Fruit	Homemade Soup Chicken Curry with Rice or Pizza with Salad & Chips or Jacket Potato with a Choice of Fillings Fresh Fruit Platter	Beef Steak Pie with Mashed Potatoes & Vegetables or Vege' Sausage Casserole with Mashed Potatoes & Vegetables Jacket Potato with a Choice of Fillings Banana Loaf with Custard or Selection of Fresh Fruit	Filled Roll/Sandwich Yoghurt Fresh Fruit Juice/Milk

Seasonal Vegetables, Mixed Salad ,Bread & a Drink Available Daily as part of the meal

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Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
H O T M E A L S	Breaded Fish with Boiled Potatoes & Vegetables or Vege' Meatballs in a Yorkshire Pudding with Boiled Potatoes & Vegetables or Jacket Potato with a Choice of Fillings Fruit Crumble & custard or Fresh Fruit Selection	Homemade Soup Chicken Casserole with Potatoes & Vegetables or Quorn Bolognese or Jacket Potato with a Choice of Fillings Yoghurt Selection	Pork Slice with Roast Potatoes & Vegetables or Vege' Korma served with Rice or Jacket Potato with a Choice of Fillings Flapjack or Fresh Fruit Salad	Homemade Soup Chicken & Ham Pasta with Garlic Bread & Salad or Pizza, Salad & Chips or Jacket Potato with a Choice of Fillings Seasonal Fruit Platter	Filled Roll/Sandwich Yoghurt Fresh Fruit Juice/Milk

Seasonal Vegetables, Mixed Salad ,Bread & a Drink Available Daily as part of the meal

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Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M E A L S	Homemade Soup Fish Goujons with Peas & Chips or Macaroni Cheese & Crusty Bread or Jacket Potato with a Choice of Fillings Yogurt Selection	Sweet & Sour Chicken or Pizza with Potato Wedges & Salad or Jacket Potato with a Choice of Fillings Lemon Sponge & Custard or Seasonal Fruit	Homemade Soup Minced Beef with Potatoes & Vegetables or Vege' Bake or Jacket Potato with a Choice of Fillings Fresh Fruit Salad	Pork Sausages with Mashed Potatoes & Beans or Seasonal Vegetable Ratatouille served with Cous Cous or Jacket Potato with a Choice of Fillings Chocolate Beetroot Brownie or Fresh Fruit Platter	Filled Roll/Sandwich Yoghurt Fresh Fruit Juice/Milk

Seasonal Vegetables, Mixed Salad ,Bread & a Drink Available Daily as part of the meal